

# Work Experience & Volunteering











#### What are the benefits?

- Improving your general English language skills
- Giving you practice in a real life situation
- Leaning how to deal with colleagues in English
- Giving you experience of work in the UK
- Every placement is individualised for each student

• All registered charities are in Colchester and are easily accessible by a short bus ride or within walking distance from the town centre.

#### Some of the skills that students will develop whilst they are volunteering will include;

- Customer Service
- Time Management
- Interpersonal Skills
- Practical Skills
- Organisational Skills

- Business Etiquette
- Self-Reliance
- Problem-Solving
- Commercial Awareness
- Speaking and Listening

#### **Course Description**

Work Experience and volunteering programmes are designed to help young people and employees working in certain sectors where the use of English is important. These days it is becoming more and more important for people to be able to speak English well in the workplace. This course has two elements. In the mornings, the participants take a general English course designed to help them improve their communication skills in an international setting. In the afternoons or evenings, the participants do work experience as a volunteer in a local charity shop, NGO or similar organisation. This gives them a good chance to practise using English in a real working environment.





	Monday	Tuesday	Wednesday	Thursday	Friday
09:30 – 10:45	Vocabulary building: Food and cooking	Listening and Speaking: Food and eating	Reading and discussing an article about food science	Listening and speaking about restaurants:Present simple and continuous	Review and test:Writing about eating habits in your country
11:00 - 12:45	Vocabulary building: Money and spending habits	Present perfect/ past simple: Talking about experiences	Reading about a business person's life: Discussing ways to overcome problems	Talking about changes: Present perfect and for/since Writing a summary of your life	Review and test: Researching and presenting information about a tycoon.
14:00 - 17:00	Volunteering placement	Volunteering placement	Volunteering placement	Volunteering placement	Volunteering placement
Evening	With host family	With host family	With host family	With host family	With host family

Above is a rough guide to what the students will be expected to complete.



All students will receive a personalised certificate with details of their course content and number of hours they have studied.





ILC is a member of English UK and accredited by the British Council.



## **Work Experience & Volunteering**



# Some of Our Example Charities (Volunteering placements depend on availability)

Refugee Action Refugee Action is a voluntary organisation working with refugees, asylum seekers and people with no access to public funds. They offer non-judgemental assistance to individuals and families in need. Refugee Action supports newcomers in navigating the challenges of a new town, foreign language, job market and cultural norms.	Refugee Action - Colchester Action in the article to despare
<b>Dog Trust</b> Dogs Trust is the UK's largest dog welfare charity and cares for over 15,000 dogs each year through a network of 20 rehoming centres in the UK. They have been involved in every piece of legislation affecting dogs over the past 126 years. Their mission is to bring about the day when all dogs can enjoy a happy life, free from the threat of unnecessary destruction.	DogsTrust
<b>Emmaus Cafe</b> Emmaus are working together to end homelessness. They believe that overcoming homelessness often means more than a roof over your head. That's why Emmaus supports people to work their way out of homelessness, providing meaningful work as well as a stable home for as long as someone needs it. Emmaus have charity shops and cafes all over the United Kingdom.	emmaus Colchester
PDSA PDSA are the UK's leading vet charity. PDSA are dedicated to improving pet wellbeing in three very special ways – by educating owners, preventing disease and carrying out life-saving operations. Every year, the dedicated teams at 48 Pet Hospitals work tirelessly to provide 2.7 million veterinary treatments	
British Heart Foundation The British Heart Foundation is dedicated to tackling cardiovascular disease, encompassing heart attacks, strokes, and congenital heart conditions in newborns. They fund critical research that has led to life-saving advancements like heart transplants, pacemakers, stents, and portable defibrillators. These innovations are now widely available, shaping a healthier future for heart health across the UK, making these vital tools accessible to everyone.	British Heart Foundation
SENSE This is a small charity shop with friendly and helpful staff in Colchester town centre. Sense is a charity here to help people communicate and experience the world. They believe that no one, no matter how complex their disabilities, should be isolated, left out, or unable to fulfil their potential.	sense









### ACCOMMODATION

 ILC has plenty of comfortable and affordable accommodation options for you to choose from.

To experience the real local lifestyle, you may prefer a local homestay. You will talk with the hosts and enjoy home-cooked meals together.
 If you choose self-catering, you will have many opportunities to chat with the Homestay provider as well. Staying with a host family is

a great option to really immerse yourself in the English language.

For more independent students, we offer a choice of halls of residences or local hotels.
Many of the residences have excellent onsite facilities such as gyms and places to eat and drink.

Accommodation can get busy in the
 summer months, so be sure to book early.



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